

«Building for the Future»



**Future Viking Soccer Camp
July 9-12, 2018
9 a.m. — 12 p.m.
Soccer Practice Fields
(old Central Elementary)
Close to Vance Middle
School**



**Tennessee High
School**

Tennessee High School

Kevin Mooney, Head Coach
Lady Viking Soccer
Tennessee High School
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Bristol, TN 37620

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Future Campers

The Tennessee High Viking soccer team and it's coaches would like to invite you to attend the seventh annual Future Viking Soccer Camp.

We are very encouraged by the growth of soccer in the area, and we are hoping to channel this interest to the high school level.

Our goals for soccer camp are:

- to provide a fun and focused atmosphere for campers
- to improve individual skills
- to improve team play
- to increase interest in the sport of soccer

It is our hope that campers will graduate from camp a better player, have a better understanding of their role on the soccer field and have a greater appreciation for the game.

**ALL CAMPERS SHOULD BE A
RISING K-8th GRADER**



Expectations

Campers should arrive on time and be ready to train by 9:00 a.m. Each camper should be willing to work hard, be polite to the other campers and the coaches, be receptive to coaching, and to be willing to have fun. Campers should arrive each day in soccer appropriate clothing (t-shirt, shorts). They should also have either cleats or athletic shoes as well as shin guards. In case of inclement weather, all campers should have athletic shoes that would be appropriate for the gym floor (tennis or basketball shoes). Campers should eat a good breakfast and also bring a snack and enough water to last them throughout the day.

Location

Future Viking Soccer camp will be held at the Soccer Practice Fields (old Central Elementary School) beside Vance Middle School. However, if we are experiencing bad weather on any days then the camp will be relocated to the Stone Castle or to Viking Hall.

Schedule

Camp will begin with a warm-up and stretching exercises. Campers will then be broken up into age/skill specific groups. Instruction for the younger campers will focus on basic skills and technique. Instruction for older campers will focus on basic skills and also position play. At each days end, we will have small sided scrimmages to allow the campers to try to implement those skills they learned into game situations. Water breaks will be given as often as needed to keep the campers hydrated.

Coaching Staff

The Viking soccer campers will receive instruction from the members of the Tennessee High coaching staff. Current and former Lady Viking players will also be instructing the campers.

Cost

Camp will cost \$45 if the camper is registered by June 22nd. If the camper registers after the date, the camp will cost \$50. Each camper will receive a camp t-shirt and a picture with their coach.

Registration Form

Please detach form and mail in to Tennessee High by June 21nd. There will be on-site registration on July 9th. Early Registration ensures that get the correct shirt size and that you save \$5.

Name _____
Address _____
City _____ State _____ Zip _____
Parent Daytime Phone _____
Emergency Contact _____
Relationship _____ Phone _____
Grade (entering) _____ School _____
T-Shirt Size (Circle One) Adult- S M L XL Youth- S M L

I hold harmless the Tennessee High Future Viking Soccer Camp as well as its representatives for any claims, personal illness or injury that my son/daughter may sustain during camp. I hereby give consent for my son/daughter to be treated for injuries and medical problems. I hereby give consent for my son/daughter to be transported from the soccer practice field to Viking Hall via bus if bad weather dictates the use of Viking Hall.

Parent/Guardian Signature:

Please make checks payable to THS
Cost:

Early Registration— \$45
On site Registration— \$50

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